Ways to create space for all pronouns

Make asking for pronouns a common practice. Asking is better than assuming.

If someone asks you to use pronouns you aren't used to, take time to practice.

Use other gender-neutral language, such as "siblings" instead of "brothers and sisters".

If you make a mistake, don't make it a big deal. Apologize, correct yourself, and move on.

Our Resources

Parents 4 Parents
Unites parents of LGBTQIA+ children of all ages, allowing them to discuss their families in a safe, private space

Gender Blender
Provides a social support network for transgender and non-binary adults

Clothing Closet
Provides free clothing to LGBTQIA+ individuals

Prism
Provides a safe and caring space for LGBTQIA+ youth, ages 11-18

THE CENTER PROJECT’S MISSION
is to provide a safe space for LGBTQIA+ people to learn, grow, build community, and access support and resources.

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A pronoun is a word that replaces anything functioning as a noun. We use them all the time because they are a major part of speech, just like verbs, adjectives, and conjunctions.

One of the main uses of pronouns is to refer to someone without using their name.

The pronouns we tend to use are gendered: “she/her” and “he/him.” Using these pronouns without asking what pronouns people identify with could result in misgendering.

It's important to know that pronouns don't equal gender.

Where do these "new" pronouns come from?

While singular third-person pronouns seem new, they have existed for centuries and are just now starting to be used in dominant society. These pronouns can come from a variety of sources, both historical and modern.

Gender-Neutral Pronouns (NOT an exhaustive list)
1. They/Them/Their/Theirs/Themself
2. Ne/Nem/Nir/Nirs/Nemself
3. Xe/Xem/Xyr/Xyrs/Xemself
4. Ze/Zir/Zirs/Zirself
5. Ve/Ver/Vis/Vis/Verself
6. Ze/Hir/Hirs/Hirself
7. Ey/Em/Eir/Eirs/Emself

What are pronouns?

Pronoun Practice

1. Subject Pronouns
2. Object Pronouns
3. Possessive Adjectives
4. Possessive Pronouns
5. Reflexive Pronouns